

<b>Pos</b>	<b>Bib#</b>	<b>Athlete</b>	<b>Team</b>	<b>Sex</b>	<b>Gun Time</b>	<b>Chip Time</b>
1	9	John Black	North Belfast Harriers	M	0:25:57	0:25:57
2	40	Jordan Stokes		M	0:27:16	0:27:16
3	144	Kent Swann	North Belfast Harriers	M	0:27:30	0:27:29
4	209	Connor Reid		M	0:28:05	0:28:03
5	198	Ross Mercer		M	0:28:08	0:28:06
6	161	James McIlroy	Larne AC	M	0:28:10	0:28:10
7	150	Mark McAvoy		M	0:28:17	0:28:15
8	74	David Turtle	East Antrim Harriers	M	0:28:20	0:28:19
9	123	Gary Montgomery		M	0:28:24	0:28:22
10	166	Gavin Mccaffrey	Ballymena and antrim	M	0:28:27	0:28:27
11	175	Issac McCollum		M	0:28:49	0:28:47
12	165	Bernard Brady	Ballymena and Antrim	M	0:29:07	0:29:05
13	89	Nat Glenn	North Belfast Harriers	M	0:29:09	0:29:07
14	217	Ian Whiteside		M	0:29:22	0:29:22
15	100	David Noble	Larne Athletic Club	M	0:29:24	0:29:22
16	99	Justin Maxwell	East Coast Athletic Club	M	0:29:26	0:29:24
17	154	Jordan Heron	Larne AC	M	0:29:29	0:29:29
18	12	Rick Hill	East Antrim Harriers	M	0:30:05	0:30:02
19	55	STEVEN BEGGS	East Antrim Harriers	M	0:30:14	0:30:10
20	218	Katy Williams		F	0:30:35	0:30:35
21	63	Paul Hutchinson	North Belfast Harriers	M	0:30:39	0:30:37
22	49	Bryan Edgar	Springwell	M	0:30:45	0:30:45
23	25	Michael Allen	East Antrim Harriers	M	0:30:48	0:30:48
24	156	Matt McDowell	Barn Runners	M	0:30:53	0:30:53
25	78	Chris Collins	East Antrim Harriers	M	0:31:01	0:30:58
26	204	Chris Hamilton		M	0:31:02	0:30:58
27	32	Andy Gregg	Larne Athletic Club	M	0:31:16	0:31:12
28	145	Neil Hodge		M	0:31:23	0:31:23
29	33	John Hasson	Ballymena Runners	M	0:31:36	0:31:32
30	141	Michael Nugent		M	0:31:54	0:31:54
31	167	Vincent Mccaffrey	Pace running club	M	0:31:56	0:31:51
32	189	Hugh O'Boyle		M	0:31:59	0:31:59
33	125	GAVIN MCGUCKEN		M	0:32:06	0:32:06
34	190	Sean McShane		M	0:32:20	0:32:16
35	66	Chris Davui	East Coast Athletic Club	M	0:32:29	0:32:29
36	65	Oliver Daniel		M	0:32:29	0:32:24
37	31	Thomas Craig Jnr	Larne Athletic Club	M	0:32:32	0:32:28
38	13	Kevin Donnelly	Mallusk Harriers	M	0:32:33	0:32:33
39	94	sean mcallister	Larne Athletic Club	M	0:32:38	0:32:35
40	64	John Steele	Larne Athletic Club	M	0:32:42	0:32:40
41	173	Andrew Falconer		M	0:32:59	0:32:56
42	43	Andrew Wilson	County Antrim harriers	M	0:33:10	0:33:10
43	83	Robert Martin	East Coast Athletic Club	M	0:33:15	0:33:10
44	67	PHILLIP MCNEILL	East Antrim Harriers	M	0:33:16	0:33:11
45	200	Johnny McKeown		M	0:33:21	0:33:15
46	41	Allyson O'Toole	East Coast Athletic Club	F	0:33:32	0:33:29
47	69	Conor Sheridan	East Coast Athletic Club	M	0:33:35	0:33:31
48	107	Patrick Laurence		M	0:33:38	0:33:38
49	210	Allastair Barron		M	0:33:41	0:33:41
50	111	Andy Mill		M	0:33:47	0:33:47
51	3	Barry Mc auley	Glenlough running club	M	0:33:47	0:33:43
52	36	Eric Montgomery	Lagan Valley AC	M	0:33:49	0:33:45
53	127	Des Watson		M	0:33:56	0:33:52

54	199	Carl Dines		M	0:34:06	0:34:01
55	51	Nigel Kane	Larne Athletic Club	M	0:34:08	0:34:04
56	105	Mike Halliday		M	0:34:09	0:34:02
57	196	Clive Weatherhead		M	0:34:14	0:34:14
58	87	April Clarke	North Belfast Harriers	F	0:34:16	0:34:13
59	158	Alan Lockington	Larne AC	M	0:34:19	0:34:13
60	60	Janice Plumb	Larne Athletic Club	F	0:34:21	0:34:18
61	98	Penny Lindsay	Larne Athletic Club	F	0:34:25	0:34:22
62	208	Naoise McLoughlin		F	0:34:32	0:34:28
63	171	Martin Regan		M	0:34:49	0:34:49
64	122	Yatelyn McBride		M	0:34:55	0:34:49
65	212	Paul Clarkin		M	0:35:00	0:34:54
66	95	Stephen Allen	East Coast Athletic Club	M	0:35:19	0:35:10
67	37	david hamill	County Antrim harriers	M	0:35:21	0:35:12
68	129	Ciarán Clarke		M	0:35:31	0:35:24
69	133	john lilley		M	0:35:34	0:35:26
70	101	Steven McBride		M	0:35:36	0:35:25
71	162	David Stanbridge		M	0:35:39	0:35:39
72	170	Russell Bell	Sperrin Harriers	M	0:35:42	0:35:37
73	191	Patrick McShane		M	0:35:44	0:35:44
74	68	Glenn Weir	Albertville Harriers	M	0:35:50	0:35:50
75	146	Frank Brownlow		M	0:35:55	0:35:48
76	216	Michael Smyth		M	0:36:01	0:35:56
77	72	Beverley Gaston	Larne Athletic Club	F	0:36:02	0:35:56
78	124	Andrew Topping		M	0:36:11	0:36:05
79	19	Tim McEvoy	PACE Running Club	M	0:36:15	0:36:07
80	205	Cathy Hamilton		F	0:36:16	0:36:16
81	1	Richard Vasey	East Coast Athletic Club	M	0:36:33	0:36:27
82	211	Peter Howie		M	0:36:36	0:36:36
83	169	Jim McLean	Pace running club	M	0:36:39	0:36:39
84	126	kane cochrane		M	0:36:51	0:36:48
85	181	Ian Blair		M	0:36:56	0:36:56
86	81	Steven Gilliland	Orangetown AC	M	0:36:57	0:36:57
87	86	Carol Clarke	North Belfast Harriers	F	0:37:03	0:36:58
88	206	John Hamilton		M	0:37:38	0:37:38
89	50	Ruth Morrison	County Antrim harriers	F	0:37:44	0:37:36
90	130	Wesley Bonar		M	0:37:47	0:37:47
91	147	SAM DUNN		M	0:37:52	0:37:46
92	76	Tracy Gillian	Ballycastle runners AC	F	0:37:55	0:37:55
93	180	Alan Glover	East Coast Athletic Club	M	0:38:01	0:37:54
94	153	Garry Steele	Ballymena runners	M	0:38:12	0:38:12
95	61	Charlie Meban	Larne Athletic Club	M	0:38:14	0:38:08
96	18	Julie Allen	Larne Athletic Club	F	0:38:24	0:38:18
97	172	DYLAN MCRANDAL		M	0:38:37	0:38:37
98	192	Neil Burns		M	0:38:43	0:38:35
99	159	John Agnew	Larne AC	M	0:38:58	0:38:54
100	140	Paul MCRANDAL		M	0:39:05	0:39:05
101	39	Pamela Kane	PACE Running Club	F	0:39:15	0:39:06
102	38	Stuart Gowans	County Antrim harriers	M	0:39:15	0:39:15
103	103	James Parke		M	0:39:25	0:39:16
104	117	Denise Doherty		F	0:39:26	0:39:13
105	116	George Buckley		M	0:39:26	0:39:13
106	73	Brian Maltman	East Coast Athletic Club	M	0:39:30	0:39:23
107	184	Gary McKinery		M	0:39:57	0:39:50

108	30	PATRICIA HAMILL	County Antrim harriers	F	0:39:58	0:39:58
109	194	James Barr		M	0:39:59	0:39:53
110	157	Farrelly Rodney	Monkstown Spartans	M	0:40:02	0:39:54
111	6	Nicola Wylie	Pace running club	F	0:40:11	0:40:03
112	34	Brian Stewart	North Belfast Harriers	M	0:40:17	0:40:10
113	151	NUALA MULDOON	Mallusk Harriers	F	0:40:30	0:40:24
114	149	Gabriel McAvoy		M	0:40:36	0:40:26
115	195	Amy Weatherhead		F	0:40:38	0:40:27
116	62	GILLIAN LOGAN	ORANGEGROVE AC	F	0:40:43	0:40:38
117	15	Helen Cummings	County Antrim Harriers	F	0:41:16	0:41:02
118	187	Karl Joyce		M	0:41:24	0:41:14
119	207	Karl Simpson		M	0:41:30	0:41:30
120	22	Irene Downey	County Antrim Harriers	F	0:41:36	0:41:26
121	163	Tracey MCRANDAL		F	0:41:41	0:41:30
122	193	Ian Brennan	Larne AC	M	0:41:48	0:41:38
123	185	Stuart Howey		M	0:42:02	0:41:52
124	11	PAULA HENNESSY	Pace Running Club	F	0:42:12	0:42:05
125	132	Brooke Lilley		F	0:42:20	0:42:12
126	20	Andrew Davidson	Larne Athletic Club	M	0:42:23	0:42:18
127	16	John Holmes	County Antrim harriers	M	0:42:29	0:42:17
128	48	Lisa Montgomery	County Antrim harriers	F	0:42:39	0:42:29
129	5	Suzanne Kennedy	County Antrim harriers	F	0:42:39	0:42:29
130	57	Erin Beattie	Larne Athletic Club	F	0:43:01	0:42:54
131	203	Billy Thompson		M	0:43:02	0:42:53
132	35	Kate Montgomery	Lagan Valley AC	F	0:43:20	0:43:13
133	188	Marc Gilbert		M	0:44:42	0:44:42
134	104	Nat Creighton		M	0:44:43	0:44:43
135	14	Robert Meban	Ballymena Runners	M	0:44:47	0:44:34
136	176	Davy Henderson	Larne AC	M	0:44:54	0:44:42
137	142	Colin McVicker		M	0:44:55	0:44:42
138	10	Gail Hanna	County Antrim harriers	F	0:45:05	0:44:51
139	24	Margaret Edgar	Springwell	F	0:45:07	0:44:56
140	27	Carol Annesley	County Antrim Harriers	F	0:45:21	0:45:21
141	47	Jemma Dougherty	East Coast Athletic Club	F	0:45:40	0:45:32
142	17	Lorraine Craig	Ballymena runners	F	0:45:44	0:45:30
143	164	Evelyn Cooke	Larne AC	F	0:46:03	0:45:53
144	160	Kevin MCRANDAL	Larne AC	M	0:46:03	0:45:51
145	186	Gus Geddes		M	0:46:34	0:46:27
146	136	MARGARET SUTHERLAN		F	0:46:53	0:46:42
147	114	Anne Williams		F	0:46:55	0:46:48
148	152	Rhonda Wallace	Larne AC	F	0:47:06	0:46:55
149	197	Melissa Shields		F	0:47:07	0:47:07
150	110	Craig Woodfield		M	0:47:09	0:47:00
151	202	Jennifer Kelso		F	0:47:22	0:47:14
152	201	Annya M		F	0:47:23	0:47:15
153	214	Hazel Wynn		F	0:47:34	0:47:25
154	58	Irene Beattie	Larne Athletic Club	F	0:48:15	0:48:15
155	183	Lionel Dale		M	0:49:21	0:49:11
156	90	THOMAS CRAIG	Larne Athletic Club	M	0:49:42	0:49:31
157	2	Pearl Henry	Larne Athletic Club	F	0:50:02	0:49:51
158	59	Sandy Plumb	Larne Athletic Club	M	0:50:04	0:49:57
159	215	Ciara Delargy		F	0:51:59	0:51:51
160	115	Talitha Collins		F	0:52:00	0:52:00
161	92	Alison Houston	Larne Athletic Club	F	0:52:23	0:52:10

162	91	SENGA CRAIG	Larne Athletic Club	F	0:55:52	0:55:41
163	143	Georgie Sloan	Larne Athletic Club	M	0:56:06	0:56:06
164	80	Gareth Hamilton	East Coast Athletic Club	M	0:56:43	0:56:31
165	46	Elaine Moore	East Coast Athletic Club	F	0:56:46	0:56:35
166	106	Claire Foster-Sharpe		F	0:57:54	0:57:45
167	45	stephanie watson	County Antrim harriers	F	0:59:06	0:59:06
168	128	Miriam Clarke		F	1:04:49	1:04:40